

Work, family, aging loved one. It's a lot to balance.

Find help and support at www.CaregiversFriend.com

Get up to \$85 for your feedback and opinions

Research study funded by the National Institutes of Health

The Oregon Center for Applied Science (ORCAS) has developed a new website to support working people who are trying to balance a job, family, and the needs of an aging loved one. www.CaregiversFriend.com provides advice on a range of topics such as Work & Home Balance, Talking with Family, and Illness & Change.

The National Institutes of Health is funding a research study to test the effectiveness of the new website. Those who qualify for the study will receive up to \$85 for submitting four on-line surveys (each survey takes about 30 minutes to complete.)

To participate, you must be juggling at least 10 hours of work per week, be concerned about the care of an aging loved one, and have access to a high speed Internet connection. All aspects of the study are conducted over the Internet. All names are kept confidential. There are no sales or mailing lists involved.

To find out if you qualify for the study (or for more information) go to:
www.CaregiversFriend.com

Please share this opportunity with others you think might be interested. If you would like additional information about this study contact Molly Billow or Ellie Price toll-free at 1-800-934-0626 or by email at caregiversfriend@orcasin.com.

For more information or to sign up to participate
go to: www.CaregiversFriend.com

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